

*Be filled
with The Spirit*



Redeemer

Lutheran College, Biloela

2017



SWIMMING CARNIVAL

**Please bring this program with you
to the pool on Thursday night.**

The full program for the evening will be available on the RLCB website a few days before the carnival.

PROCEDURE FOR THE EVENING

The carnival will take place in the 50m pool at the Biloela Aquatic Centre. Gates open at 5.00 pm and racing starts at 5.30 pm sharp!

Students (who are competitors) will be required to remain in their house for the entire duration of the evening. Parents may bring over food and drink throughout the evening to their children. Students who are spectators only are to remain with their parents.

The 50m relays will only be run if time permits. There will be a Girls and Boys Team for each house plus a Parent and Teacher Team. Six competitors in each team.

Final placement in each event may depend on correctness of stroke as determined by the Referee Mr Ray Robins. If you have any queries, please see Miss Fielke immediately.

Sincere thanks to the parents and staff who have helped with the Carnival.

Enjoy your evening!

2017 RLCB INTERHOUSE SWIMMING CARNIVAL

EVENT NO.		PROGRAM OF EVENTS			
GIRLS	BOYS	BORN	AGE	DISTANCE	STROKE
1	2	2012	5	25m	FREESTYLE
3	4	2011	6	25m	FREESTYLE
5	6	2010	7	25m	FREESTYLE
7	8	2009	8	25m	FREESTYLE
9	10	2008	9	50m	FREESTYLE
11	12	2007	10	50m	FREESTYLE
13	14	2006	11	50m	FREESTYLE
15	16	2005	12	50m	FREESTYLE
17	18	2004	13	50m	FREESTYLE
19	20	2003	14	50m	FREESTYLE
21	22	2002	15	50m	FREESTYLE
23	24	2001	16	50m	FREESTYLE
25	26	2012	5	25m	BACKSTROKE
27	28	2011	6	25m	BACKSTROKE
29	30	2010	7	25m	BACKSTROKE
31	32	2009	8	25m	BACKSTROKE
33	34	2008	9	50m	BACKSTROKE
35	36	2007	10	50m	BACKSTROKE
37	38	2006	11	50m	BACKSTROKE
39	40	2005	12	50m	BACKSTROKE
41	42	2004	13	50m	BACKSTROKE
43	44	2003	14	50m	BACKSTROKE
45	46	2002	15	50m	BACKSTROKE
47	48	2001	16	50m	BACKSTROKE
49	50	2012	5	25m	BREASTSTROKE
51	52	2011	6	25m	BREASTSTROKE
53	54	2010	7	25m	BREASTSTROKE
55	56	2009	8	25m	BREASTSTROKE
57	58	2008	9	50m	BREASTSTROKE
59	60	2007	10	50m	BREASTSTROKE
61	62	2006	11	50m	BREASTSTROKE
63	64	2005	12	50m	BREASTSTROKE
65	66	2004	13	50m	BREASTSTROKE
67	68	2003	14	50m	BREASTSTROKE
69	70	2002	15	50m	BREASTSTROKE
71	72	2001	16	50m	BREASTSTROKE
73	74	2012	5	25m	BUTTERFLY
75	76	2011	6	25m	BUTTERFLY
77	78	2010	7	25m	BUTTERFLY
79	80	2009	8	25m	BUTTERFLY
81	82	2008	9	50m	BUTTERFLY
83	84	2007	10	50m	BUTTERFLY
85	86	2006	11	50m	BUTTERFLY
87	88	2005	12	50m	BUTTERFLY
89	90	2004	13	50m	BUTTERFLY
91	92	2003	14	50m	BUTTERFLY
93	94	2002	15	50m	BUTTERFLY
95	96	2001	16	50m	BUTTERFLY
97	98	2007-2005	10-12	100m	FREESTYLE
99	100	2004-2001	13-16	100m	FREESTYLE
101	102	RELAY	(if time permits)	50m	RELAY

SWIMMING CARNIVAL
RULES OF COMPETITION (Interhouse Carnival)

1. No swimmer shall be disqualified, however, placings shall be determined by correctness of stroke. No swimmer with incorrect technique shall be placed before a swimmer with correct technique.
2. **The Start:** whistle on to blocks for freestyle, breaststroke, butterfly, into water for backstroke; “take your mark” followed by sound of Starter’s gun.
3. **All Strokes:** for all strokes – no pulling yourself along lane ropes; no standing or jumping off the bottom of the pool; no changing stroke during the race; no changing lane during race.
4. **Finishes:** **Freestyle:** time is taken when the first part of the body touches the wall
Backstroke: on your back one hand touch
Breaststroke: on your front two hands touch
Butterfly: on your front two hands touch
6. **Starts:** **Freestyle, breaststroke, butterfly** off the blocks or beside the blocks
Backstroke – in the water
7. **Completion of race:** all swimmers to leave the pool on the referee’s whistle to the closest side.
8. **Over the top starts:** 50 metre races only: at completion of 50 metre races, swimmers shall remain in the water silent, tucked close against the end of the pool until the next race starts, after which they will leave the pool via the closest side as quickly and silently as possible.
9. Swimmers will be **marshalled** into lanes.
10. **Check Starter** will place swimmers behind correct block.
11. Referee’s whistle.
12. Swimmers to take up the starting position.
13. Referee hands swimmers over to the starter.
14. Starter says “Take your mark”, then fires the beeper to start.
15. Clear the pool on the referee’s whistle via closest side steps, **NOT THE END OF THE POOL!**

Turns: **Freestyle:** hand or feet to touch wall
Backstroke: hand or feet to touch wall, push off on your back
Breaststroke: two hand touch, push off on your front
Butterfly: two hand touch, push off on your front